

FOR IMMEDIATE RELEASE

Contact: TheatreworksUSA (212) 647-1100

Two Beans Productions presents

THE JACK SPRAT LOW-FAT WORLD TOUR

The Jack Sprat Low-Fat World Tour, an interactive musical revue about healthy eating, will be performed at _____ on _____ at _____ o'clock, under the auspices of _____.

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News headlines about the alarming increase in childhood obesity appear nearly every day. Two Beans Productions joins the battle against this epidemic with ***The Jack Sprat Low-Fat World Tour***, a fun-filled musical production commissioned and endorsed by the American Cancer Society, driving home the importance of healthy eating in the fight against heart disease and obesity.

Jack Sprat can eat no fat. His wife, Gloria, can eat no lean. So Jack decides it's time for Gloria to learn some healthy habits! He enlists the help of MC "Old Mutha" Hubbard, who rids Gloria's cupboard of junk food and takes her on a whirlwind tour of the grocery store, where Gloria learns a world of knowledge about good living through nutritious food choices.

This sixty-minute educational musical program features lots of audience participation... Your students can pretend to be antibodies fighting disease, dish their feelings about vegetables on "The Okra Winfrey Show," and even dance the Vitamin C conga! And best of all, your students will come away with the ability to make wholesome food choices for the rest of their lives!

The American Cancer Society calls ***The Jack Sprat Low-Fat World Tour*** "an exciting, stimulating way to teach young people about the importance of good nutrition. It stresses the basics of the American Cancer Society's guidelines for cancer risk reduction through healthy eating."

(Continued)

JOHN FORSTER (Book, Music, Lyrics) began writing and performing his unique brand of musical theatre and satire as an undergraduate at Harvard, where he founded the long-running revue *The Proposition* and wrote for the Hasty Pudding. His critically acclaimed first solo album, "Entering Marion", was released in 1994 on Philo/Rounder Records and won a NAIRD Award (the "Independents' Grammys".) John's songs are well known to children and their parents for the many award-winning albums he has written and produced for Tom Chapin (on Sony), as well as multi-platinum music videos and albums he has written and produced for the Olsen Twins (on BMG and Warner Vision) and Rosenshontz (Lightyear/BMG). John was also recently nominated for a Grammy Award for his work on Tom Chapin's latest album, *In My Hometown*. His book musicals include *Into The Light on Broadway*, *The Dream Team* at Goodspeed Opera House and *Eleanor* at Chicago's Marriott Lincolnshire. He has provided songs for the Off Broadway hits *Upstairs at O'Neals* and *Pretzels* (in which he also performed), as well as *Let Freedom Sing* at the Kennedy Center in Washington and a host of other revues. For NBC, he provided songs for the perennial *How To Eat Like A Child*, starring Dick Van Dyke. For TheatreworksUSA, he recently wrote book and lyrics for a musical version of *Freaky Friday*, with music by its original author Mary Rodgers, as well as *First Lady*, *The Jack Sprat Low-Fat World Tour*, *Young Teddy Roosevelt*, and several others.

MICHAEL MARK (Music, Lyrics, and Book) As a composer, Mr. Mark's most recognizable work is probably the theme for television's "Entertainment Tonight." In the realm of children's educational material, he wrote the scripts and scores for the pioneering IJI Kidstuff videos *Shapes*, *Numbers*, and *Instruments of the Orchestra*. Mr. Mark began writing and performing with Tom Chapin in 1981; during that time, they have collaborated on songs for Chapin's award-winning Family Music albums *Family Tree*, *Moonboat*, and *Billy the Squid*. They also wrote the score for a musical version of the Charles Dickens short story *The Magic Fishbone*. For his work as an actor, Mr. Mark received a Drama Desk Award for best supporting actor in the role of Stanley in the original Broadway cast of *I Love My Wife*. He was also cast in the original Broadway production of *Cotton Patch Gospel* by Harry Chapin.

For booking information on this, or any of Two Beans' productions, please contact:

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